



STM32U5

ULPMark-PeripheralProfile and LPBAM use case consumption

Rev 1.0

Hello, and welcome to this presentation on the ULPMark peripheral profile which measures the energy impact of common peripheral on deep-sleep and highlights the benefits offered by the Low-power background autonomous mode (or LPBAM) of the STM32U5.

ULPMark overview

- Ultra-Low Power (ULP) is a major challenge for MCU design
- ST deploys creative design techniques to reduce power consumption
- EEMBC ULPMark quantifies these tradeoffs and compares different reference designs by measuring multiple aspects of MCU energy efficiency
 - Each MCU vendor can promote the score of their latest design
- At ST, we measure, certify and publish the scores of all our STM32 families
- Developers are increasingly relying on these scores rather than datasheet figures for typical power efficiency use cases.



Ultra-low power (or ULP) is a major design challenge facing MCU today, because many systems are battery powered, especially in the IOT domain.

ST microelectronics deploys creative design techniques to reduce power consumption. The STM32U5 series offers advanced power-saving microcontrollers, to meet the most demanding power/performance requirements for smart applications.

The Embedded Microprocessor Benchmark Consortium or EEMBC develops industry-standard benchmarks for the hardware and software used in autonomous driving, mobile imaging, the Internet of Things, mobile devices, and many other applications.

The ULP subcommittee focuses on power and energy. Scores that are certified have undergone a rigorous

analysis by the EEMBC Certification Lab. Certification is a benefit only available to members, and guarantees the score adheres to the official run-rules for that benchmark. ST measures, certifies and publishes scores of all STM32 families.

Since the ULP mark scores are an unbiased way to compare the performance of microcontrollers, developers increasingly rely on these scores rather than metrics found in datasheets.

EEMBC standardized benchmarking framework

- EEMBC different standardized ULP algorithms:
 - ULPMark-CoreProfile: the most basic and most common
 - ULPMark-PeripheralProfile
 - ULPMark-CoreMark
 - The latest published value
 - Combines performance and energy scores
 - ULPMark-MachineLearning
 - Under development



In 2014, the ULP team introduced the ULPMark-CoreProfile (or -CP for short). This benchmark runs an active workload for a period of time, then goes to sleep. The energy measurement during the duty cycle reflects a real-life test of embedded low power beyond a simple sleep count.

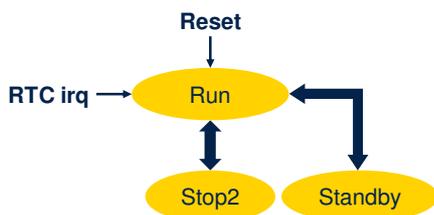
The ULPMark-PeripheralProfile (or -PP for short) launched in 2016 examines the energy cost of four peripherals: real-time clock, pulse-width modulation, analog-to-digital conversion, and SPI communication. ULPMark-CoreMark (or ULPMark-CM for short) launched in 2019 measures the energy of CoreMark in a consistent environment. It is EEMBC's first active-power benchmark.

For measuring the energy costs of neural-net inference

in embedded devices, EEMBC offers ULPMark-ML.

ULPMark-PP benchmark

- ULPM-PP measures the power consumption of the commonly used peripherals
- PWM, ADC, SPI and RTC



Slot	ADC		PWM				SPI	RTC
	Number of samples	Conversion rate	Freq.	Period	Duty	Pulses		
1	64	1 KHz	32.768 KHz	255	10%, fixed	20		Setup & start timer
2	64	1 KHz Buffered evaluation	32.768 KHz	255	20%, increase	40		
3	1	1 Hz	32.768 KHz	255	30%, fixed	40		
4	1	1 Hz	32.768 KHz	255	40%, fixed	100	Tx: 128 bytes	
5	1	1 Hz	32.768 KHz	255	50%, fixed	100	Check last Rx Tx: 128 bytes	
6	1	1 Hz	32.768 KHz	255	60%, fixed	100	Check last Rx Tx: 128 bytes	
7	1	1 Hz	32.768 KHz	255	70%, fixed	100	Check last Rx Tx: 128 bytes	
8	1	1 Hz	32.768 KHz	255	80%, fixed	100	Check last Rx Tx: 128 bytes	
9	1	1 Hz	1 MHz	10000	10%, increase	30	Check last Rx Tx: 128 bytes	
10	Off Check slot's 3-9 data		Off				Check last Rx	Stop & check



4

ULPMark-PP focuses on the MCU's most commonly used peripherals like pulse-width modulation (PWM), analog-to-digital conversion (ADC), serial peripheral interface (SPI), and real-time clock (RTC).

This benchmark defines ten one-second activity slots each with variable usage of ADC, SPI, PWM, RTC, allowing the MCU and peripherals to sleep after their activities have completed.

The table gives an overview of the activity in each slot. As soon as the device finishes the peripheral operation for that slot it can enter Standby mode.

This means faster peripherals will most likely score higher since they can remain off longer.

ULPMark has been redesigned since its first release in 2014. It now works with the EEMBC benchmark

framework, the same one used by IoTMark and SecureMark, with a super-thin API that enables any MCU to execute next generation EEMBC benchmarks.

In slot one there is one processor wakeup per sample, while in slot 2 there is a unique wakeup after 64 samples.

Architecture Optimization in STM32U5 vs L5

- STM32U5 architecture introduced LPBAM (Low-power Background Autonomous Mode)
 - IPs running autonomously in STOP2 mode drastically reduce consumption
 - ULPM-PP score more than doubles compared to predecessor STM32L5

	STM32L5	STM32U5
LPTIM mode up	Interrupts (CPU)	LPDMA linked-list transfer
LPTIM mode fixed	RTC alarm	Repetition counter
STOP2 mode	RTC	RTC LPTIM1,3,4 ADC4 SPI3 LPDMA
Slot 2	ADC with DMA in LPsleep mode	ADC with LPDMA in STOP2
Slot 4/5/6/7/8	SPI with DMA in LPsleep mode	SPI with LPDMA in STOP2
Slot 9	PWM at 1 MHz in LPsleep mode	PWM at 1 MHz in STOP2
Clock	MSI/LSE	MSIS, LSE, MSIK



The STM32U5 supports a low-power background autonomous mode (LPBAM), that allows peripherals to be functional and autonomous in Stop 0, Stop 1 and Stop 2 modes, without any software running.

In this autonomous mode, the Cortex-M33 core and most of the peripherals can remain inactive, in stop 1, stop 2 or stop 3 modes.

In Stop 2 mode, the CPU Domain is in retention, no dynamic activity is possible, while the Smart Run Domain (or SRD) is fully powered.

SRD autonomous peripherals are functional thanks to the LPDMA and the SRAM4.

The table compares the implementation of low power modes in STM32L5, that does not support LPBAM, and STM32U5.

The Low power timer can be used in the STM32U5 to trigger a series of transfers performed by the LPDMA. To periodically trigger events over a large period of time the STM32U5 can use the repetition counter capability of the low power timer instead of the real time clock.

The RTC, low power timers number 1, 3 and 4, ADC4, SPI3 and LPDMA belong to the SRD, as does SRAM4.

With respect to the ULPM-PP benchmark, the STM32U5 can implement the LPBAM in stop 2 mode as follows:

- ADC4 with LPDMA in slot 3
- SPI3 with LPDMA in slots 4, 5, 6, 7 and 8
- PWM in slot 9.

The MSIK oscillator present in the STM32U5 generates a clock that is independent of the system clock and therefore convenient for peripherals that require a fixed clock while the system clock may be gated off.

STM32U585 score vs L5

Clear	Hardware	Vendor Score	Cert.	Core Profile (3.0 V)	Core Profile (User)	Periph. Profile (3.0 V)	Periph. Profile (User)	Date
<input type="checkbox"/>	Beijing Zhongke Xinrui Technology Co., Ltd XRM32UL051	✓		451				2021-08-06
<input type="checkbox"/>	Nuvoton M2354KJFAE	✓		207	313 1.8V	65.9	105 1.8V	2021-08-02
<input type="checkbox"/>	STMicroelectronics STM32WLEx/5x Rev Z	✓	✓	216	313 1.8V	73.9	138 1.8V	2021-04-02
<input checked="" type="checkbox"/>	STMicroelectronics STM32U585 RevB	✓		280	535 1.8V	108	149 1.8V	2021-02-15
<input type="checkbox"/>	Renesas Electronics R7FA2E1,Rev.1	✓	✓	190	321 1.8V			2020-11-23
<input type="checkbox"/>	Nanjing Low Power IC Technology Institute Co., Ltd LP5100 Rev.1	✓	✓	856				2020-11-18
<input type="checkbox"/>	Renesas Electronics R7FA2L1,Rev.1	✓	✓	244	304 1.8V			2020-09-22
<input type="checkbox"/>	Renesas Electronics R7F0E01182CFP	✓	✓	366	705 1.8V			2020-04-04
<input type="checkbox"/>	Renesas Electronics R5F117GC	✓	✓			122	219 1.8V	2019-11-13
<input type="checkbox"/>	STMicroelectronics STM32WB3x/5x Rev Y	✓	✓	158	303 1.8V			2019-04-10
<input type="checkbox"/>	Microchip Technology ATSAML10E16A rev B	✓	✓	277	396 1.8V	120	166 1.8V	2019-03-01
<input type="checkbox"/>	Microchip Technology ATSAML11E16A rev B	✓	✓	280	410 1.8V	118	167 1.8V	2019-03-01
<input type="checkbox"/>	STMicroelectronics STM32L412 Rev A	✓	✓	247	447 1.8V	94.0	167 1.8V	2018-10-17
<input type="checkbox"/>	STMicroelectronics STM32L552 Rev1	✓		267	402 1.8V	33.5	59.5 1.8V	2018-10-15



Due to LPBAM, the ULPMark-PP score of the STM32U5 is drastically increased compared to the STM32L5:

- More than three times when VDD is 3.0 volts
- More than 2.5 times when VDD is 1.8 volts.

Analyzing PP consumption waveform



This slide details the consumptions in the 10 one-second activity slots of the ULPMark-PP benchmark.

The STM32Cube power consumption calculator is used to provide these metrics.

The microcontroller is in run mode at the beginning of each slot to initialize the peripherals which are active in the current slot.

Once initialized, the peripherals collaborate to perform background tasks while the microcontroller is in stop 2 mode. The consumption is approximately 400 microamperes in stop 2.

In slots 1, 2, 9 and 10, the standby mode is entered, which decreases the power consumption down to 150 microamperes, because the microcontroller is completely idle at the end of the slot.

ULPMark-PP competition

Product	U575	L412	L552	SAML11	R5F	Apollo2
Core	Cortex®-M33	Cortex®-M4	Cortex®-M33	Cortex®-M23	RL78-S3 (16-bit)	Cortex®-M4
Flash	2M	128K	512K	32K	32K	1M
RAM	768K	40K	256K	8K	3K	256K
Max freq	160	80	110	32	24	48
STOP + RTC	4.7uA	900nA	3.9uA	800nA	650nA	2.8uA
ADC in STOP with 32K crystal	Yes (LPBAM)	No	No	Yes	Yes	No
ADC in STOP with higher clk	Yes (LPBAM)	No	No	No	No	No
Autonomous PWM duty cycle	Yes (LPBAM)	No	No	Yes	Yes	No
ULPMark-PP score	70.8	94	34.0	120	122	34.7
ULPMark-PP position	#4	#3	#6	#2	#1	#5



This table indicates the scores of various microcontrollers:

- STM32U575, STM32L412, STM32L552 from ST microelectronics
- SAML11 from Microchip
- R5F from Renesas
- Apollo2 from Ambiq micro.

The four first rows provide general information about the microcontroller:

- Processor core
- Size of the flash memory
- Size of the SRAM
- Maximum frequency.

The fifth row indicates the consumption when stop mode is active with RTC enabled.

The sixth, seventh and eighth rows indicate whether ADC conversions can occur while the microcontroller is in stop mode. The STMU575 supports this capability through LPBAM.

The ninth row provides the ULPMark-PP score.

Although the STM32U575 is the microcontroller with the largest consumption in stop with RTC active mode, it occupies the 4th position in terms of ULPMark-PP, due to the LPBAM mode and the use of the LP timer to trigger the conversions rather than using the RTC.

Slot#2 : ADC with DMA

ADC at 1 KHz + PWM at 32 KHz (increase duty cycle)					
U575	L412	L552	SAML11	R5F	Apollo2
11.0	15.6	41.3	8.07	7.05	33.9

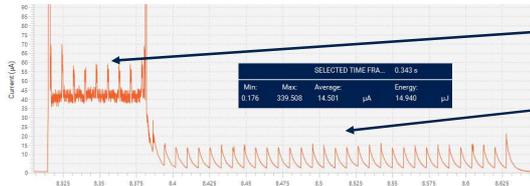
STM32U5



ADC in STOP2 (~10 μA)

PWM in STOP2 (~5 μA)

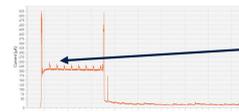
STM32L412



ADC in LPSLEEP (~42 μA)

PWM with wakeup

STM32L552



ADC in LPSLEEP (~200 μA)



9

This slide details the consumption during the second slot of the ULPMark-PP benchmark.

The ADC acquires 64 samples at a frequency of 1 KHz and generates 40 PWM pulses at a frequency of 32 KHz, with a duty cycle that increases gradually from 10 to 20%.

The 64 samples acquired during the first slot are evaluated by software.

LPBAM enables the ADC and PWM to remain active while the STM32U5 microcontroller is in stop 2.

The LPDMA is used to transfer samples from ADC4 to SRAM4 and to transfer duty cycle values from SRAM4 to the LP timer.

For STM32L412 and STM32L552, the core is asleep while the ADC and DMA remain active, but all other

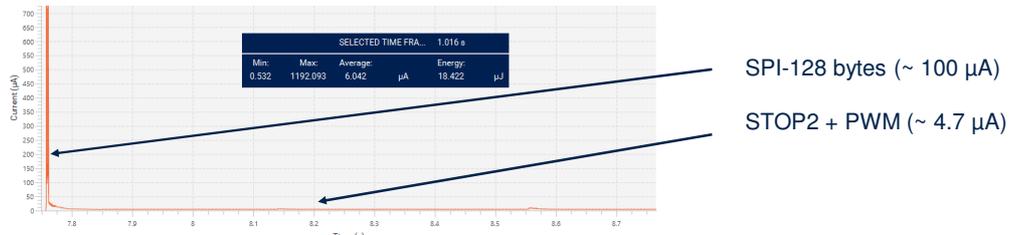
peripherals are also active in low power sleep mode. As the result, the consumption is higher than that of the STM32U5.

For the STM32L412, a wakeup of the Cortex-M4 core is required to update the duty cycle of the PWM.

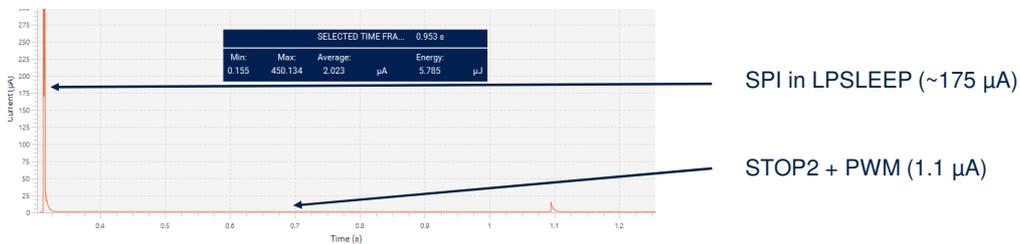
Slot#4 : SPI w/ DMA

ADC at 1 KHz + SPI 128 bytes transmission + PWM at 32 KHz							
U575			L412	L552	SAML11	R5F	Apollo2
Global	STOP3	Stby					
18.4	10.9	7.3	4.94	15.0	7.50	5.63	10.7

STM32U5



STM32L412



This slide details the consumption during the fourth slot of the ULPMark-PP benchmark. Results are expressed in microjoule units.

18.4µJ is the total energy of Slot4, 10.9µJ is the energy in STOP3 and 7.3µJ is the energy in Standby (10.9+7.3=18.2)

The ADC acquires 1 sample at a frequency of 1 Hertz, generates 100 PWM pulses at a frequency of 32 KHz, with a fixed duty cycle of 40% and transmits 128 bytes on the SPI interface.

For STM32U5, all these operations can be performed in stop2 mode, by implementing the LPBAM. The SPI controller number 3 belong to the Smart Run domain.

For STM32L412, transmitting data on SPI can be performed in low power sleep mode, but all peripherals

remain active, not just the DMA and the SPI controllers. Both microcontrollers support the generation of PWM pulses at a fixed duty cycle in stop 2 mode.

Slot#9 : PWM @ 1MHz

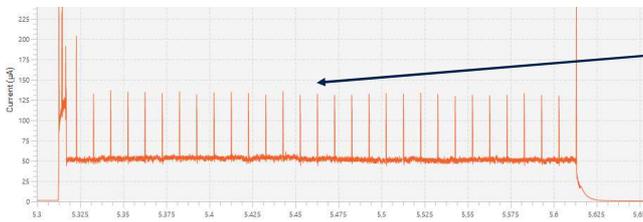
PWM at 1 MHz (increase duty cycle)					
U575	L412	L552	SAML11	R5F	Apollo2
12.2	46.9	140	18.9	30.5	151

STM32U5



PWM in STOP2 (~7 µA)

STM32L412



PWM in LPSLEEP with wakeup (~50 µA)



11

This slide details the consumption during the ninth slot of the ULPMark-PP benchmark.

The ADC acquires 1 sample at a frequency of 1 Hertz, generates 30 PWM pulses at a frequency of 1 MHz, with a duty cycle that increases gradually and transmits 128 bytes on the SPI interface, while checking the 128 bytes received in slot number 8.

The consumption of the PWM in this sequence is more than 7 times lower in the STM32U5 compared to STM32L412, due to LPBAM which enables the duty cycle to be updated while the microcontroller is in stop 2 state.

ADC in LPBAM use case

- The typical use case is to log an ADC conversion at given frequency in autonomous STOP2 mode until an internal or external event occurs and wakes up the CPU to perform some checks and loopback
- To compare with STM32L552 which does not implement the LPBAM, we simulate the same case in STM32U575 without LPBAM
- We have varied MSIS/MSIK oscillator frequencies and measured the power impact



12

The typical use case of using the ADC in a power-sensitive system consists in acquiring samples in stop 2 mode and using an event to wakeup the CPU that will process these samples.

In order to compare the performance of STM32U575 and STM32L552, two tests are performed on the STM32U575: one with LPBAM and the other without LPBAM, based on the sleep and run modes.

Multiple frequencies were tested, the clock source being the Multiple-Speed Internal oscillator System (MSIS) and Kernel (MSIK).

The results of these tests are described in the next slide.

LPBAM ADC results

MSIS and MSIK frequencies	Consumption with LPBAM (μA)	Consumption with SLEEP+RUN modes (μA)
MSIS=MSIK=100 KHz	14.5	80
MSIS=MSIK=400 KHz	14.8	90
MSIS=MSIK=1 MHz	15.5	112
MSIS=4 MHz / MSIK=1 MHz	15.5	171

- At higher frequencies and using LPBAM, the consumption of STM32U575 remain almost the same, while with SLEEP+RUN mode (similar to L5 case) the consumption is doubled when MSI up from 100 KHz to 4 MHz



It is interesting to study the impact of the MSIS and MSIK frequencies on the overall consumption when LPBAM is active and when the legacy sleep / run approach is used. When LPBAM is implemented, the variation of the consumption is 6.5% when the frequency of MSIS and MSIK varies respectively from 100 KHz to 4 MHz and from 100 KHz to 1 MHz.

This demonstrates that the frequency of the oscillator has a minor impact on the consumption when LPBAM is used, because peripherals with the LPBAM capability can switch on MSIS or MSIK for transferring data. During idle time, the oscillator is switched off.

When the sleep and run approach is used, based on the processor wakeup each time a sample is acquired, the consumption has an important relationship with the

frequency of the oscillator. The reason is that all peripherals remain active in sleep mode, not just the ADC.

In this case, the consumption is more than doubled when the frequency of MSIS and MSIK varies respectively from 100 KHz to 4 MHz and from 100 KHz to 1 MHz.

I2C typical use case with LPBAM

- Setup a typical use case with Temperature sensor acquisition via I2C
 - Setup LPTIM timer to trigger an I2C read sequence from external temperature sensor
 - Setup two different power modes and compare
 1. Use LPBAM so the CPU remains in Stop2 mode all the time and wakes up on DMA transfer completion or an asynchronous event
 - In this case, the LPDMA will record data from the I2C RxBuffer to SRAM4
 2. Align with the STM32L552/L412 capability:
 - From Stop2 mode, I2C is triggered by LPTIM and the CPU wakes up and transitions the system to SLEEP mode
 - In SLEEP mode, the DMA will transfer the data from the RxBuffer to SRAM4
 - Once done, the CPU is woken up by the DMA transfer complete event and puts the system in STOP2
 - Vary LPTIM frequency and get the power consumption trend
 - Do the same test with STM32L412



14

Testing the power consumption when a temperature acquisition is performed from a sensor connected to I2C is a second important use case for low power performance analysis.

The low power timer is used to trigger the I2C read operation.

Two different power modes are tested:

- With LPBAM and stop 2 mode
- With a sleep and run approach, also supported by the STM32L412.

In the first case, the LP timer triggers the I2C read transaction and the LPDMA transfers the received data from the I2C receive buffer to SRAM. Then an interrupt wakes up the processor.

In the second case, the LP timer wakes up the processor

that transitions the system from Stop 2 to Sleep mode. Then the DMA transfers the data received from the I2C to a buffer in SRAM. Finally another interrupt wakes up the processor that transitions the system back to stop 2. Several low power timer frequencies are tested. The results of these tests are described in the next slide.

I2C test result

	STM32U575 MSIS=MSIK=16 MHz		STM32L412 MSI=8 MHz
	LPBAM (μ A)	SLEEP +STOP2 (μ A)	SLEEP +STOP2 (μ A)
LPTIM frequency =6 Hz	4.46	9.525	2.05
LPTIM frequency =60 Hz	5.36	13.9	6.35
LPTIM frequency =600 Hz	15.6	47.7	40.3

- At a low acquisition rate, the STM32U575 consumes twice as much as STM32L412
- When the frequency of the I2C read operations increases, the benefits of the STM32U575 with LPBAM become visible, with 2 to 3 times less consumption than STM32L4



life.augmented

15

Let us compare first the consumption when the LPTIM frequency is 6 Hertz. STM32U575 with LPBAM consumes more than two times more than STM32L412 and more than four times more when sleep and stop 2 modes are used.

When the LPTIM frequency is 60 Hertz, STM32U575 with LPBAM consumes 15% less than STM32L412 but consumes more than two times more than STM32L412 when sleep and stop 2 modes are used.

When the LPTIM frequency is 600 Hertz, STM32U575 with LPBAM consumes 61% less than STM32L412 but consumes 18% more than STM32L412 when sleep and stop 2 modes are used.

So the lower the period of the I2C read operation, the higher the score of STM32U575 when LPBAM is active.

When the traditional sleep and stop 2 approach is implemented, STM32L412 offers a lower consumption, even if the gap decreases when the frequency of I2C reads increases.

Thank you

© STMicroelectronics - All rights reserved.
The STMicroelectronics corporate logo is a registered trademark of the STMicroelectronics group of companies. All other names are the property of their respective owners.



In addition to this presentation, you can refer to the following presentations:

- Power management
- Reset and clock controller.